James Bowie High School Cheer Tryout Packet 2024-2025

Application & Forms DUE: February 29th, 2024 Tryouts: Thursday, March 7th, 2024 Check-in: Athletic Facility at Bowie

*Tryout times vary, tryout groups will be announced on the Wednesday of the clinic. See the time sheet attached for possible times.

Dear Parents/Guardians,

We are so excited that your child is interested in becoming a member of the Bowie Cheer Program for the 2024-2025 school year. If selected, your child must assume specific responsibilities and obligations in order to remain part of the team.

Please read the attached pages carefully. These pages provide insight on the rules and regulations which govern the Bowie Cheer Program and the JBHS Cheer Booster Club.

The approximate cost before any fundraising for each cheerleader is in the range of \$2,800.00 - \$5,000.00. This amount includes: required uniforms and equipment/accessories, summer cheerleading camp, practice wear, activity fees, and including, but not limited to: competition registration fees, travel costs, hotel stay costs, personal items, and JBHS Cheer Booster Club family membership fee and financial agreement, etc. Fundraisers will be available to offset some of the aforementioned costs.

Being a high school cheerleading parent requires not only a financial commitment but also a large time commitment. Cheerleaders will be required to attend summer camp, scheduled summer practices, practices before and/or after school during the school year, outside skill classes, out of town competitions, and various school events.

After reading and fully understanding the rules and regulations which govern Bowie Cheer and the JBHS Cheer Booster Club, please discuss with your child the responsibilities and time commitment expected of Bowie Cheerleaders.

If your child fully understands what is expected of a high school cheerleader and chooses to try out for cheerleading, please complete all the forms included in this packet and return them to the coaches no later than **Thursday, February 29, 2024**.

Being a member of the Bowie Cheer program has many rewards and is a valuable experience that your child will remember for a lifetime. We wish you a very positive experience. We appreciate your time and support.

Sincerely,

Bowie Cheer Coaches

Bryana Smith, Head Coach Davis Tran, Assistant Coach

BOWIE CHEER TRYOUT CHECKLIST 2024-2025

Complete this page and turn it in as the cover page of your forms packet. Use this: <u>Bowie</u> <u>Cheer Tryout Candidate Paperwork Google Form</u> for your candidate application. You must turn in the completed signed forms as a physical hard copy OR via email to coaches at: <u>bryana.bauhs@austinisd.org</u> & <u>davis.tran@austinisd.org</u> BY THE DEADLINE (**11:59 PM**, **February 29, 2024**). If these forms are turned in late, the candidate will be *ineligible* to tryout.

Candidate/Mascot Name

Grade for 2024-2024 School Year

Once both candidate and parent/guardian have read, understood, agreed to, filled out, and signed the forms and information requested on each page of the tryout packet, candidates MUST submit the completed forms. You can do this via email or turn in forms via hard copy.

To be turned in by, Thursday, February 29th, 2024:

- Derent/Guardian and Candidate Attended the Interest Meeting
- Candidate Application Tryout Candidate Paperwork Google Form
- □ Signed copy of the Bowie Cheer Liability and Release Waiver Signature Page
- D Physical Form (current year) OR Doctor Signed Medical Release Form
- □ Signed copy of the Bowie Cheer Tryout Agreement Signature Page
- □ Signed copy of the Bowie Cheer Parent Agreement
- □ Signed copy of the Bowie Cheer Handbook Signature Page
- □ Signed copy of Bowie Parent/Student Handbook & AISD Student Success Guide
- □ Signed copy of the Student Success Guide
- □ Submit Candidate Discipline Record Form to Assistant Principal for Completion
- □ Signed copy of the 2024-25 Bowie Cheer and JBHS Cheer Booster Club Financial
- □ Copy of approved transfer (if applicable)

NO LATE FORMS WILL BE ACCEPTED AFTER **11:59 PM**, **February 29th, 2024**. CANDIDATES WHO MISS THE DEADLINE WILL NOT BE ALLOWED TO TRYOUT FOR THE 24-25 BOWIE CHEER PROGRAM.

Bowie Cheer Tryout Information Student/Parent Information Meeting

- Where: JBHS Library
- When: Tuesday, February 20th @ 6:30pm
 - **Student and Guardian attendance** at this meeting is **REQUIRED** for the student's eligibility to participate in the Bowie Cheer program.
 - \circ More information is available from the coaches through email

Tryout Clinics (closed to the public)

- Where: Athletics Practice Gym, K135, James Bowie High School
- When: Monday, March 4th Wednesday, March 6th @ 5:00 PM-7:00 PM
 - Every day of this clinic is mandatory for all students wanting to try out for Bowie Cheer. Students will learn the material required for the tryout.

Bowie Cheer Tryouts (closed to the public)

- Where: Athletics Gyms, K132 & K135, James Bowie High School
- When: Thursday, March 7th @ 5:00 PM 10:30 PM (times may vary)
 - Each tryout group will have a designated time slot to come in to tryout. Each group will have a warm-up before their tryout. Schedule of possible times is attached to this packet. Once they are finished with their tryout, they will need to be picked up immediately.
 - Candidates cannot bring anything with them once they are dropped off for tryouts, except a water bottle or required medications such as an asthma inhaler. Phones will not be permitted.

Captain Tryouts, All Teams

- Where: TBD
- When: Thursday, **April 11th**, @ 5:00 PM-7:00 PM

• The specific criteria for captain and officer selection can be found in the JBHS <u>Leadership Positions Addendum</u>. This document will be distributed at the first practice.

 \circ All candidates AND a parent/guardian must have attended the meeting on March 20th after the new team meeting.

 \circ We will have a captain and co-captain. Captain will be open up to Seniors and co-captain will be open up to Seniors and Juniors.

• Bowie Cheer Officer elections will be **April 26th**. TENTATIVE

Mandatory Bowie Cheer Dates

Parent Meeting for New Teams

- Where: Bowie High School Library
- When: Tuesday, March 19th @ 6:30 PM

 \circ In this meeting, parents will receive information about financial obligations, dates, and expectations.

 \circ We will be discussing the process for captain and officer tryouts.

• **Student and Guardian attendance** at this meeting is **REQUIRED** for the student's eligibility to participate in the Bowie Cheer program.

Uniform Fittings

- Where: Dance Gym, Bowie High School
- When: Monday, April 1st
 - \circ A representative from the uniform company will help make sure each member orders the correct sizes for all practice gear and uniforms. Once your athlete has been fitted, they may leave.
 - \circ Returning members may sell their uniforms to new members.
 - Fitting for current JBHS students will be held during the cheer class period
 - @ 4:00pm; all new members @ 5:00pm.

Bowie Cheer Practice, after school

- Where: Bowie High School
- When: March 25th May 9th, 5:00 PM- 7:00 PM

 \circ These practices will help the team members bond and start working together as a team. We will work on stunts, fight song, cheers, and band dances.

• Please see our **Bowie Cheer Spring/Summer Schedule** on **page 15** of this packet.

Bowie Cheer Summer Camps, Clinics, and Pictures

- Where: Bowie High School
 - JR DAWGS CHEER SUMMER CLINIC
 - July 7th @ 3:00 PM 5:00 PM (Tentative)
 - July 8th 11th @ 7:00 AM 7:00 PM (Tentative)
 - HOME CAMP: July 15th 18th
 - Varsity @ 9:00 AM 11:30 AM
 - All Teams @ 1:00 PM 4:00 PM
 - These practices will assist the teams to be prepared for UCA camp. Stunt groups, formations, skills checks and other decisions will be made during these practices.
 - TEAM PICTURES: July 22nd @6:45 AM

UCA Cheer Summer Camp

- Where: Great Wolf Lodge, Grapevine, Texas
- When: Tuesday, July 23rd Friday, July 26th
 - This is a **mandatory** event for Bowie Cheer. Missing this camp for any reason other than illness or injury that prevents attendance and is specifically approved by the coaches in their discretion will result in *removal from the team*.
 - Students will be provided transportation to and from camp. Team members are required to stay for the duration of camp.

Bowie Cheer August Practice

The exact times and locations will be announced at a later date. However, after summer camp, the teams are in full preparation for pep rallies, football, and volleyball games. Other events occur before school starts that the cheer teams participate in as well.

Tryout Schedule

We will follow the schedule below for tryouts this year. There will be no holding rooms before or after athletes tryout. Candidates will need to be dropped off at the start of their warm-up time and picked up at the designated time below. **We suggest athletes stretch and review material before their scheduled warm-up time.** Candidates will receive their tryout groups on Wednesday of the clinic.

Group #	Warm Up	Tryout	Pick Up
1	4:55	5:15	5:30
2	5:10	5:30	5:45
3	5:25	5:45	6:00
4	5:40	6:00	6:15
5	5:55	6:15	6:30
6	6:10	6:30	6:45
7	6:25	6:45	7:00
8	6:40	7:00	7:15
9	6:55	7:15	7:30
10	7:10	7:30	7:45
	-	Judge Break	
11	7:40	8:00	8:15
12	7:55	8:15	8:30
13	8:10	8:30	8:45
14	8:25	8:45	9:00
15	8:40	9:00	9:15
16	8:55	9:15	9:30
17	9:10	9:30	9:45
18	9:25	9:45	10:00
19	9:40	10:00	10:15
20	9:55	10:15	10:30

BOWIE HIGH SCHOOL CHEER TRYOUT AGREEMENT

Article 1: ELIGIBILITY

Section 1: Qualifications

Qualifications for admittance into the program include the following:

- All individuals must try out in the spring semester on the given tryout date.
- It is mandatory that all cheer candidates attend every day of the clinic.
 - If a candidate needs to miss a day of clinic, their absence must be pre-approved/excused by the coaches at their discretion.
 - Candidates are responsible for learning missed material on their own.
- Candidates must have cleared all financial obligations to their school before tryouts.
- Candidates and at least one parent/guardian must attend the parent interest meeting held in the spring prior to the tryout clinic. Coaches will explain the tryout process at this meeting.
- All individuals must complete the Candidate Tryout Application online (Google Form) and submit signed forms to coaches as a hard copy or via email.
 - Forms are **DUE FEBRUARY 29 NO LATE FORMS WILL BE ACCEPTED.**
 - Candidate Tryout Application (Google Form)
 - Signed copy of the Bowie Cheer Liability and Release Waiver signature page
 - Physical Form (current year) or Signed Doctor's Medical Release stating the candidate is cleared to participate in tryouts
 - Please do not go get a physical if you do not already have one as an updated physical will be required later in the year if you make the team. A doctor's note will suffice for tryouts.
 - Signed copy of the Bowie Cheer Tryout Agreement Signature Page
 - Signed copy of the Bowie Cheer Handbook Signature Page
 - Signed copy of AISD Student Success Guide (Student Code of Conduct) and Bowie Parent/Student Handbook signature page
 - Signed copy of the 2024-2 Bowie Cheer and JBHS Cheer Booster Club Financial Agreement
 - Copy of approved transfer (if applicable)
- Candidates will be considered **ineligible to tryout** for the Bowie Cheer Team for the following reasons:
 - Academic:

- The candidate must have a **GPA of a 2.0 or higher** in order to tryout
- The candidate must be **UIL eligible to participate** in our afterschool clinics and tryouts.
- In order to be eligible for the team, the candidate must maintain eligibility and be passing all classes on their current report card (March 8th Grade Check). No Pass, No Play.
- Behavior: During the current school year, the candidate has:
 - Been placed in ISS for 3 days or more during the 2023-2024 school year
 - 3 or more discipline referrals for any reason
 - Been placed in alternative school
 - Been suspended from school or recommended for expulsion
- Program: The candidate will be considered ineligible to tryout if the candidate quit or was removed for non-academic reasons from the Bowie Cheer program in the previous year.

Section 2: Performance Expectations

Tryouts will be conducted in a private and closed setting. Only judges, coaches, administrators, and tryout workers will be allowed in the tryout facility. Graduating seniors may be allowed to assist with check-in, ushering, etc. Other Austin ISD staff may be used to check-in, ushering, etc. The following categories/skills will be performed for judges at tryouts:

- Entrance
- Dance (to be learned at clinic)
- Jumps
- Cheer (to be learned at clinic)
- Fight Song (video will be provided **February 26th**, will also be REVIEWED at clinic)
- Overall Impression

See scoring rubric sample for more information on the point breakdown for each skill (last page).

Section 3: Tryout Scoring

Each candidate's score will come from impartial qualified cheerleading judges who will be chosen to judge the performance requirements. The following point scale will be used for each category judged:

- Entrance 12 points
- Dance 20 points
- Jumps 12 points
- Cheer 20 points
- Fight Song 20 points
- Overall Impression 16 points

Total / 100

Max Score = 100

Tumbling Requirements: Tumbling is not scored as points on the score sheet but is a requirement to make the Bowie Cheer Team. Skills can be performed on the mat or gym floor at tryouts. However, when we meet as a new team in July, athletes will be required to throw the skills on the gym floor. If they cannot, they will be benched until the skill is thrown on the mat or gym floor surface.

- JV Cheerleaders must have AT LEAST the following skills:
 - Running and Standing Back Handspring
- Varsity Cheerleaders must have AT LEAST the following skills:
 - Standing Back Handspring
 - \circ Running and Standing Back Tuck

Section 4: Deductions

After the scores of the three judges are added together, points will be deducted from their total scores based upon the following rubric:

Point Deduction

- Office/Discipline Referral (each) 10 points
- Demerits from Spring Semester for Returners:
 - \circ 1-3 5 points
 - \circ 4-6 10 points
 - \circ 7-9 15 points

Section 5: Tryout Dress Code

Candidates need to wear:

- PLAIN white fitted tank top, white or black sports bra for females
- ALL black shorts (not spandex/bloomers/bike shorts)
- Hair pulled back from face, in a ponytail if length and texture permits for safety reasons
- Red cheer bow (for female candidates, optional for male candidates or those with very short hair)
- Regular athletic or cheer shoes
- White High Socks

No jewelry or embellishments allowed for any candidate for safety.

Section 6: Tryout Ranking

Cheerleaders:

- Varsity will be made up of the top scoring incoming sophomore, junior, and senior candidates.
- Junior Varsity will be made up of incoming freshman, sophomore, junior, and senior candidates with qualifying scores.

Team size and assignment will be determined by a natural break in the scores.

Section 7: Injuries

Any student wishing to try out, but who is injured, must try out at the designated time and participate to the best of their abilities. If the candidate is injured, a video submission of skills will be accepted, with prior approval from the coaches and administrators.

- The video must contain the required tryout elements and must not be older than 1 month and must be on the tryout surface (dead mat, grass, hardwood floor).
- A **signed** note from a **medical doctor or a trainer** detailing the injury must also be submitted.
- If the candidate submits a video for skills due to an injury, the candidate videos will be used for judges scoring.
 - \circ The injured candidate will not have the opportunity to perform skills at live tryouts.

Section 8: Non-Bowie High School Students

A student transferring from another school to Bowie High School during the following fall semester may not tryout for the cheer team until the designated tryout time in the spring semester. Students who anticipate attending Bowie High School the following year will be allowed to tryout. However, transfer students will be considered as alternates until the permanent transfer application is processed.

If a student transferring from another school misses the designated tryout date, they will be considered for the team under the following conditions:

- The candidate must complete their tryout using the same material as the other team members. The material will be taught 5 days before their tryout date. This must be completed BEFORE the end of the Austin ISD spring semester.
- The candidate agrees to pay for the judging panel to return and rate their performance.
- The candidate agrees to pay for any additional costs for rush production of required attire.

Section 9: Alternate Tryout

Current Austin ISD Students:

If a candidate must miss the designated tryout date for a pre-approved reason, the candidate will need to come in the day before tryouts and film all of the tryout elements. There will only be ONE TAKE of the filming in order to ensure equal opportunities across all tryouts.

Article 2: CLINIC AND TRYOUTS

Section 1: Clinic

- Each candidate is expected to attend each day of the clinic from 5:00 PM 7:00 PM. Attendance will be taken at the start of practice each day. If a candidate is absent any day of the clinic, the candidate is no longer eligible to tryout. Only a doctor's note or preapproved event will excuse a candidate from the clinic. The candidate is responsible for acquiring and learning missed material on their own time.
- Each candidate will learn a tryout dance, cheer, and review the fight song that may not be changed or altered in any way.
- Each candidate will have the opportunity to practice jumps, standing tumbling, and running tumbling. Please understand that **tumbling spot personnel may not be provided** at clinics or during the tryout process.
 - A "spot" is when someone assists the athlete in getting over when performing their tumbling skill.
- Each candidate will be grouped at random. Groups will be given out Wednesday at clinic before tryouts take place.

Section 2: Day of Tryouts

- Each group of candidates will be given a designated time for warm-up and tryouts. Candidates will need to be picked up immediately after completing their tryout performance in front of the judges.
- Each candidate will be known by an identification number which will be worn during the entire process.
- Each candidate will be asked to spirit into the tryout facility. This is an opportunity to demonstrate running tumbling skills as well as energy and free form verbal spiriting.
- Each candidate will be asked to show 4 jumps: one must be: a toe touch, one must be a double toe touch, right hurdler, and the last jump will be a jump of the candidate's choice.
 - \circ The candidate's jump of choice should be a jump to tumble if the candidate is able.
- The candidate groups will perform the dance, cheer, and fight song together.
- Tryouts are completely closed to the public.
- There will be three (3) certified judges selected by the coaching staff and approved by the administration.
- Each candidate will be judged on the same point scale.

Section 3: Announcements of New Teams

- Team size and assignment will be determined by a natural break in the scores.
- Announcements of the new teams will be posted online on March 8th at

approximately 6:00 PM.

• Bowie Cheer Official Website

- The results of tryouts are final and cannot be appealed.
- Candidates that do not make a team have a one-week window from the time of tryouts to schedule a conference, at a mutually agreeable time, with the coaches and administration to discuss their individual scoresheets (March 18th 22nd).
- Coaches will not discuss or answer any communication regarding tryouts until a conference is set with them.
- Coaches and administration will only discuss the scoresheets of the athlete in question. No information about other candidates will be discussed.

Article 3: FINANCIAL OBLIGATIONS

Below is an estimate of expenses and due dates that could be incurred by team members. Please know that the cost could be higher or lower than what is listed below. There will be various fundraisers throughout the year to help bring some of the costs down on a collective basis. Failure to participate in fundraisers will affect your out of pocket costs.

Fundraiseable Items

1. UCA Camp (\$600 per person)

a. Remaining Fees after Spring Fundraising Due approximately May 1st

- 2. Practice Top (minimum \$100 per person)
 - a. Fees Due May 9, 2024
 - b. We will have 1 practice top per day, each athlete must purchase at least 5.
- 3. Competition Fees Due
 - a. UCA Regionals (\$300 +/-)

i. August/September (Approximately)

b. UIL State Spirit Championships (\$300 +/-)

i. ¹/₂ August (Approximately)

- ii. 1/2 September (Approximately)
- c. Nationals High School Cheerleading Championship (\$1500 +/-)

i. ¹/₃ October (Approximately)

ii. ¹/₃ November (Approximately)

iii. ¹/₃ December (Approximately)

Non - Fundraisable Items (personal out of pocket costs)

- Varsity (company) Payment: Due April/May
 - Uniforms, shoes, poms, winter gear, rain jackets, pink out items, etc.
- Underarmour (backpack) Payment
 - \circ Check written to Bowie Cheer or paid through School Cash Online
- Ribbons/Bows and Practice Tops Payment
 - \circ Check written to Bowie Cheer or paid through School Cash Online
- Varsity Letter Jacket Information TBD

Bowie Cheer Spring/Summer Schedule

Below are the scheduled practice times for the remainder of the spring semester and the tentative summer practices for camp and pre-season preparation. These events are **MANDATORY**. Please make note of these dates and adjust your schedules accordingly.

Date	Activity	Location	Time	
Tuesday, March 19	New Team Meeting	Bowie Library	6:30 PM- 7:30 PM	
Monday, March 25	Practice	Dance Gym	5:00 PM- 7:00 PM	
Wednesday, March 27	Practice	Dance Gym	5:00 PM- 7:00 PM	
Monday, April 1	Team Fittings Leadership Application Due	Dance Gym	4:45 PM- 7:00 PM	
Wednesday, April 3	Practice	Dance Gym	5:00 PM- 7:00 PM	
Monday, April 8	Practice	Practice Gym	5:00 PM- 7:00 PM	
Tuesday, April 9	Practice	Dance Gym	5:00 PM- 7:00 PM	
Thursday, April 11	Captain Auditions	Dance Gym	5:00 PM- 7:00 PM	
Tuesday, April 16	Practice Leadership Applications Due	Dance Gym	5:00 PM- 7:00 PM	
Thursday, April 18	Practice	Dance Gym	5:00 PM- 7:00 PM	
Monday, April 22	Practice	Practice Gym	5:00 PM- 7:00 PM	
Tuesday, April 23	Practice	Practice Gym	5:00 PM- 7:00 PM	
Thursday, April 25	Leadership Presentations Captain Peer Auditions	Library	5:00 PM- 7:00 PM	
Monday, April 29	Practice	Competition Gym	5:00 PM- 7:00 PM	
Tuesday, April 30	Practice	Competition Gym	5:00 PM- 7:00 PM	
Monday, May 6	Practice	Dance Gym	5:00 PM- 7:00 PM	
Tuesday, May 7	Practice	Dance Gym 5:00 PM- 7:00 F		
Wednesday, May 8	Practice	Dance Gym 5:00 PM- 7:00 PM		
Thursday, May 9 Showcase		Competition Gym	6:30 PM	

SPRING:

SUMMER:

Date	Activity	Location	Time
Thursday, June 6	Practice	Dance Gym	10:00 AM- 12:00 PM
Tuesday, June 11	Practice	Competition Gym	10:00 AM- 12:00 PM
Tuesday, June 18	Practice	Dance Gym	10:00 AM- 12:00 PM
Tuesday, June 25	Practice	Dance Gym	10:00 AM- 12:00 PM
Week of July 7-July 11	Jr. Dawgs Cheer Clinic	Fine Arts Building	7:00 AM-5:00 PM
Week of July 15-July 18	Home Camp	Dance Gym	Varsity: 9:00 AM- 11:30 AM All Teams: 1:00 PM-4:00 PM
Friday, July 19	Team Pictures	TBD	TBD
Week of July 23 - July 26	UCA CAMP	GWL	All Day

Bowie Cheer Liability Release and Waiver Form

Minor's Name:	Parent / Guardian Name:	
Address:	City, State, Zip:	
Daytime Phone:	Evening Phone:	

Liability Release: For good and valuable consideration, the receipt and sufficiency of which are hereby acknowledge, I,

_____, as parent or legal guardian of ______, a minor (hereinafter "Minor"), hereby grant permission necessary to allow above Minor to participate in the above Bowie Cheer Program to be conducted by **Bowie Cheer**. I, on my own behalf of above Minor, further agree to release and to hold harmless Bowie Cheer. I will not hold the respective directors, coaches, officers, representatives, members, agents, and employees of Austin ISD and their respective affiliates (hereinafter collectively "Releasees") from any and all liability whether caused by negligence of the Releasees or otherwise for any claim, judgment, loss, liability, cost and expenses (including, without limitations, attorneys' fees and costs) arising out of or connected with the Bowie Cheer Program, Austin ISD, James Bowie High School, JBHS Cheer Booster Club, including any claim arising out of or connected with any illness or injury (minimal, serious, catastrophic and/or death) that above Minor may incur or sustain during the season, all activities associated with the Bowie Cheer Program and/or JBHS Cheer Booster Club and while traveling to and from any sites for the season whether or not any of the Bowie Cheer events actually occur. I further expressly agree to indemnify and hold harmless Releasees and Releasees' heirs, successors, assigns, executors and administrators against loss from any further claims, demands or actions that may subsequently be brought by above Minor or by any other persons on the account of damages of any character resulting to above Minor in any way from the foregoing activities. I further agree to reimburse and to make good to Release any loss or costs Releases may have to pay as a result of any such action, claim or demand.

Medical Release: I, in my own behalf and on behalf of above Minor, acknowledge and agree that such participation subjects above Minor to possibility of physical illness or injury (minimal, serious, catastrophic and/or death) and that I, on my own behalf of above Minor, acknowledge that above Minor is assuming the risk of such illness or injury by participating in the Bowie Cheer season. In the event of such illness or injury, I authorize Bowie Cheer. to obtain necessary medical treatment for Minor and hereby, on my own behalf and on behalf of Minor, release and hold harmless Releases in the exercises of this authority. I further acknowledge and understand that I will be responsible for any and all medical and related bills that may be incurred on behalf of above Minor for any illness or injury that above Minor may sustain during the season and while traveling to and from any Bowie Cheer or JBHS Cheer Booster Club event whether or not the season/event actually occurs.

I represent that any medication to which above Minor is allergic or medications that above Minor is currently taking are listed below. I agree that above Minor shall bring medications that above Minor is currently taking with Minor during the season and that Minor shall consume the prescribed dosage for such medications.

Medications (if any): ______ Allergic to (if any): _____

I, on my own I acknowledge that the above Minor suffers from the following condition: behalf and on behalf of above Minor, hereby warrant that I have read this Participant Release and Waiver Form in its entirety and fully understand its contents. I, on my own behalf and on behalf of above Minor, am aware that this Participant Liability Release and Waiver Form releases Releases from liability and contains an acknowledgement of my voluntary and knowing assumption of the risk of injury or illness. I, on my own behalf and on behalf of above Minor, further acknowledge that nothing in this Participant Liability Release and Waiver Form constitutes a guarantee that the season will occur. I, on my own behalf and on behalf of above Minor, have signed this document voluntarily and of my own free will.

Signature of Parent/Legal Guardian:	D	Date:
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Relationship to Minor: ______ Minor Birthdate: _____

Revised and Approved by JBHS Administration Janurary 2024

2024-2025 Bowie Cheer Tryout Candidate Agreement/Commitment

I have read the following information completely:

- Bowie Cheer Handbook
- James Bowie High School Parent-Student Handbook
- Austin ISD Student Success Guide (Student Code of Conduct).

I understand the responsibilities and privileges of being a Bowie Cheerleader and will abide by these rules and regulations set forth by the program. I will cooperate fully with the coach(es) and all persons and organizations concerned to promote spirit and good sportsmanship, at all times, both at school or away from school.

At all times, whether at school or away from school, I will conduct myself in a manner that best represents the students and faculty of James Bowie High School.

Candidate Name (Print)

Candidate Signature

Date Signed

2024-2025 Bowie Cheer Parent Agreement / Commitment

I/We, ____, the parent(s) of ______, have read

and understand the information in the following documents:

- Bowie Cheer Handbook
- James Bowie High School Parent-Student Handbook
- Austin ISD Student Success Guide (Student Code of Conduct)

and accept the rules and regulations. I/We give my/our permission for our child to try out for a position in the Bowie Cheer program. I/We will help my/our athlete to be accountable to the rules, expectations and requirements set forth by the Bowie Cheer Program. We will also encourage our child to be a leader and example of good character as a representative of James Bowie High School.

I/We also understand that the financial obligations that I/we must fulfill if my/our child qualifies for the team is in the range of \$2,800.00 - \$5,000.00. I/We are willing to provide these things as they become necessary. I/We understand and agree to the payments and know that fees must be paid by the due dates given by the program.

I/We understand that failure to follow the rules and regulations of the Bowie Cheer Handbook, James Bowie High School Parent-Student Handbook, Austin ISD Student Success Guide (Student Code of Conduct) will result in suspension or dismissal from the Bowie Cheer Team/Program.

Should my/our child be selected for a team, I/we understand that my/our child must have a current UIL Medical History and Physical Examination Form on file with the coach and the James Bowie High School Trainer on or before the applicable deadline.

Parent Name (Print)

Parent Signature

Date Signed

2024-2025 Bowie Cheer Athlete Handbook Agreement

I, as the student athlete, hereby acknowledge that I have read and understand the information in our Bowie Cheer Handbook. I further understand the responsibilities and privileges of being a Bowie Cheerleader and will abide by these rules and regulations in this document (as well as discussed in class/practice) and will abide by the rules, expectations and requirements set forth by the Bowie Cheer program.

I/We understand that failure to follow the rules and regulations of the Bowie Cheer Handbook, James Bowie High School Parent-Student Handbook, Austin ISD Student Success Guide (Student Code of Conduct) will result in suspension or dismissal from the Bowie Cheer Team/Program.

Candidate Name (Print)

Candidate Signature

Date Signed

2024-2025 Bowie Cheer Parent Handbook Agreement

I, as the legal guardian, have read and understand the information in the Bowie Cheer Handbook. I further understand that my child will be responsible for the information in this document. I will help my child be accountable to the rules, expectations and requirements set forth by the Bowie Cheer program.

I/We understand that failure to follow the rules and regulations of the Bowie Cheer Handbook, James Bowie High School Parent-Student Handbook, Austin ISD Student Success Guide (Student Code of Conduct) will result in suspension or dismissal from the Bowie Cheer Team/Program.

Parent Name (Print)

Parent Signature

Date Signed

If you have any questions, please contact the coaches via email.

James Bowie High School Parent-Student Handbook Parent and Student Agreement

The purpose of the James Bowie High School Parent-Student Handbook is to maintain the safety and integrity of the campus. All student participants and parents are to be aware that the students represent the school district at all times. This Code shall be used throughout the school year, on and off campus. Within this document is the Digital Citizenship expectations for all students. I understand and agree to abide by all the provisions of the Austin ISD Parent-Student Handbook.

Name of Candidate (Print)	Grade
Cheerleader / Mascot Signature	Date

I understand and agree to support all the provisions of the JBHS Parent-Student Handbook.

Parent /	Guardian	Signature
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Date Signed

Austin ISD Student Success Guide (Student Code of Conduct) Parent and Student Agreement

The purpose of the Austin ISD Student Success Guide (Student Code of Conduct) is to maintain the safety and integrity of the district. All student participants and parents are to be aware that the students represent the school district at all times. This Code shall be used throughout the school year, on and off campus. I understand and agree to abide by all the provisions of the Student Success Guide (Student Code of Conduct).

Name of Candidate (Print)	Grade	
Cheerleader / Mascot Signature	Date	
I understand and agree to support all the provisions o	f the Austin ISD Student Success Guide	
(Student Code of Conduct).		

Parent / Guardian Signature

Date Signed

Special Instructions for Candidate Discipline Record

Candidate Discipline Record

Attached to this packet is a copy of the Discipline Form. Each candidate is responsible for giving this form to his or her Assistant Principal to complete. The completed form requires an Assistant Principal signature.

All students must complete the top of this form and deliver it to their Assistant Principal by Monday, February 26th.

Current James Bowie High School students: DO NOT TAKE A COMPLETED FORM BACK FROM YOUR ASSISTANT PRINCIPAL. IT WILL NOT BE ACCEPTED. THE FORM MUST BE COMPLETED AND DELIVERED TO THE COACHES BY THE ASSISTANT PRINCIPAL!

Incoming Freshman & Non-Bowie Students: Your Assistant Principals can deliver the form electronically via email to coaches at: <u>bryana.bauhs@austinisd.org</u> & <u>davis.tran@austinisd.org</u>

Bowie Cheer Candidate Discipline Record

To be completed by Candidate:

Candidate Name:	ID:	Grade Level:
Administrator Name:	Scl	hool:

To be completed by Assistant Principal ONLY:

Instructions to School Personnel: Please complete this information with your records from the 23-24 School Year. Deliver the completed form to Bryana Bauhs by **Thursday, February 29,** 2024 via email or campus mailbox. Please **DO NOT** return this form to the candidate. Thank you for your assistance with cheerleading tryouts.

Has this student been assigned ISS? YES NO Has this student been placed in an alternative school? YES NO Has this student been suspended from school or recommended for expulsion? YES NO

Number of Referrals: _____ X 10 points each = _____ Total Point Deduction

_____ Initial HERE if the student has NO discipline referrals for the 23-24 school year.

Administrator Signature

Date Signed

2024-25 Bowie Cheer and JBHS Cheer Booster Club Financial Agreement

Cheer is a club sport. As such, it is funded exclusively by the families involved in the cheer program. This funding is a combination of Bowie Cheer Program and JBHS Cheer Booster Club fundraising and out of pocket expenses for each cheer family. Please read the following statements and sign below agreeing to all information.

The fees below do not include travel to competitions, uniforms, camp gifts, etc

- There are no refunds for any fees paid to/for the Bowie Cheer program and/or JBHS Cheer Booster Club, regardless of circumstance. Examples of potential circumstances include, but are not limited to: injury, COVID 19 diagnosis/return to play protocol, disqualification for eligibility, disqualification for misconduct, any voluntary withdrawal from the Bowie Cheer program or JBHS Cheer Booster Club, fundraising in excess of expenses, etc.
- Bowie Cheer requires a yearly "Fair Share" membership fee of \$100 that will be paid for at the beginning of the season on March 19th, 2024.
- Booster and Bowie Cheer will be implementing a Financial Database. A percentage of the money that each athlete fundraises will go to the athlete's specific account, and will reduce from future payments. Coaches will decide at the time of the fundraiser what percentage of the earnings will go to the individual athlete and what percentage will go into the general cheer account.
- If summer fundraisers do not raise enough funds to pay the appropriate expenses, there may be additional fee requirements during the school year. The Bowie Cheer Coach and JBHS Cheer Booster Club President will determine this fee for all athletes/families as soon as possible once we are aware of what events and competitions we plan to attend.

The price ranges from \$2000-\$5,000. Prices are always subject to change.

I, parent/guardian of	, agree to all terms stated above including all financial
obligations and my decision to OPT IN or Opt OU	JT of fundraising for Bowie Cheer and JBHS Cheer Booster Club.

Parent Name (pleas	e print):
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Parent Signature: _____ Date:_____

Cheerleader/Mascot Signature: _____ Date: _____

Bowie High School Tryout Score Sheet

Candidate # _____

0- No Perfo	rmance 1- Poor	2-	-Fair	3-Good	4-Excellent
Points Possible	Category	Scale	Total Points	Tumbling	Comments
12	Entrance: a.) Spirit / Voice b.) Facial Expressions c.) Overall Entrance	0 1 2 3 4 0 1 2 3 4 0 1 2 3 4 0 1 2 3 4		Running:Landed BHSAlmost Tuck Landed Busted	
20	Dance: a.) Sharp & Correct Motion Placement b.) Volume & Projection c.) Energy & Facials d.) Knowledge, Execution & Technique e.) Overall Performance	$\begin{array}{cccccccccccccccccccccccccccccccccccc$		Standing:Landed BHSAlmost Tuck Landed Busted	
12	Jumps Pointed toes, chest up, clean landing, correct and sharp motion placement a.) Toe-Touch & Double Toe-Touch b.) Right Hurdler & Jump of Choice c.) Overall Jump Technique Jump to Tumble Y / N	0 1 2 3 4 0 1 2 3 4 0 1 2 3 4 0 1 2 3 4			
20	Cheer: a.) Sharp & Correct Motion Placement b.) Volume & Projection c.) Energy & Facials d.) Knowledge, Execution & Technique e.) Fillers	$\begin{array}{cccccccccccccccccccccccccccccccccccc$		Standing:Landed BHSAlmost Tuck Landed Busted	
20	Fight Song: a.) Sharp & Correct Motion Placement b.) Volume & Projection c.) Energy & Facials d.) Knowledge, Execution & Technique e.) Rhythm	0 1 2 3 4 0 1 2 3 4			
16	Overall: a.) Energy & Spiriting b.) Enthusiasm & Confidence c.) Technique d.) Smile, Facials & Presence	$\begin{array}{cccccccccccccccccccccccccccccccccccc$			

Judge's Initials:_____ Deductions:_____ GRAND TOTAL:_____